

Sound United Warmups 2016

The following exercises will be used by the Sound United battery for warmups and training purposes.

For all exercises with arounds, tenors should alternate between playing on one drum and then playing the arounds.

EX: The first rep through block 8s should be played on drum 1. The second rep on block 8s will be the arounds.

The third rep on block 8s should be played on drum 2. The fourth rep on block 8s will be the arounds...and so on.

Everyone will play the unison part for Gallop and Short Short Long. Tenors should continue rotating which drum they play between reps. (1, 2, 3, 4, spock...)

8s

-Three variations are present with this exercise.

-For "Block 8s" the performer should play the 8th note pattern at the specified height (12", 9", 6", or 3") and ignore all accents and crescendo/decelendo markings.

-For "Dynamic" the performer should play the 8th note pattern while reading the crescendo/decelendo markings and ingoring the accents.

-For "Accent Tap" the performer should play the 8th note pattern while reading the accents and ignoring the crescendo/decelendo markings.

-For "Block 8s" basses will follow a sequence of playing the unision followed by the split part with 1s, 2s, 3s, and 4s. Then the sequence is repeated. If the group is cut off for any reason, the sequence restarts from unision.

-For "Dynamic" basses will follow the crescendo/decelendo markings during the unision part of the sequence, but will play all splits at a block **mp**.

-For "Accent Tap" basses will only play the accent tap splits.

8s

♩ = 130-180

Snare

Tenor

Bass Unison

Bass Splits

Bass Accent Tap

R... L... R... L R

5

Snare

Tenor

Bass U

Bass S

Bass AT

L... R... L... L R L R

Paradiddles

$\text{♩} = 130-180$

1

Snare
 Tenor
 Bass S

R R L L R R L L R L R L R L R L R L R L R R L L R R L L R R R L L L R R R L L L R R L L R R L L

R R L L R R L L R L R L R L R L R L R L R R L L R R L L R R R L L L R R R L L L R R L L R R L L

R R L L R R L L R R L L R R L L R R L L R R L L R R L L R R L L R R L L R R L L

6

Snare
 Tenor
 Bass S

R L R R L L R L R R L L R R L L R R L L R R L R L L R R L R L L R R L L R R L L

R L R R L L R L R R L L R R L L R R L L R R L R L L R R L R L L R R L L R R L L

R R L L R R L L R R L L R R L L R R L L R R L L R R L L R R L L

10

Snare
 Tenor
 Bass S

R L R R L R L L R L R R L R L L R L R R L L R L R R L L R L R R L R L L R R L R L L R R L R L L R

R L R R L R L L R L R R L R L L R L R R L L R L R R L L R L R R L R L L R R L R L L R R L R L L R

R L R R L L R L R R L L R L R R L L R L R R L L R L R R L L R L R R L L R

Gallop

1

Snare

7

Snare

Short Short Long

1

Snare

5

Snare